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HOW TO APPLY COMPOUNDED TESTOSTERONE GEL:

The gel comes in a metered dose pump, dispensed by ½ mLs.

Pump out the required dosage on your inner forearm and rub forearms together. This alleviates wasting any on your palms.

Cover area if you are concerned about transference.

You may wash off after 4 hours, ample absorption is achieved at this point.

Note: keep away from the inner elbow area as gel applied there may give an incorrect lab result should you have to do a draw.