



HOW TO MIX HCG: 10,000 UNIT VIAL

Use a larger bore (like the ones you use to do your test cyp with) needle, and transfer the bacteriostatic water to the vial with the powder in it, 3cc's at a time. Keep the powder vial upright, because you will blow HCG out of it when you pull the needle out otherwise (be sure to draw air out after you push water in to release pressure each time). Gently swirl to mix. Keep in the refrigerator. Simple as that.

You will then have 10,000IU of HCG in 10cc's. Therefore, each 1cc contains 1,000IU of HCG. When using an insulin syringe, each unit on the scale of the insulin syringe equals 10IU of HCG. 250IU of HCG is then 25units on the side of the insulin syringe.

There is no reason to use a larger bore needle than 30 or 31ga, at 5/8".

My HCG protocol is to use 250IU of HCG two days before, and one day before, their testosterone cypionate IM injection. Androgel users take it every three days. The HCG is injected with an insulin needle, subQ within 6 inches of the navel.

Please pick up a Sharp's Container, either at the office or through a local pharmacy, to properly dispose of your syringes/needles. Local patients are welcome to return the Sharp's when full. Drug stores often take them back. Many counties, as well as trash services, also provide Biohazard disposal as a free service to the public. Let's not endanger the trash man's health by not properly disposing of our syringes and needles!