



**Ovidrel mixing instructions from Dr. John's forum users. Not an official recommendation of Dr. Crisler.**

**We do not recommend diluting Ovidrel, and will no longer be prescribing this medication to our patients. Please ask for a brand name or compounded HCG that comes in a multi-dose vial.**

You need the Ovidrel injection, which is a .5ml injection equivalent to 6500iu of HCG. You need bacteriostatic water, a mixing syringe, and a sterile vial. This should be done in sterile conditions and if you are not familiar with this do not attempt dilution.

Draw out 6 ml of the water and inject into the sterile vial. Inject the Ovidrel into the sterile vial with the 6ml BC water and mix GENTLY to end up with a total of 6.5 ml. Then 25 units on an insulin syringe will be the equivalent of 250iu of HCG. This will last 20 weeks at the 250iu 2x a week dosing.

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